

# TOP TEN REASONS

## Why You should visit Recovery Fellowship Service!

### SO WHAT DO YOU DO ON SATURDAY NIGHTS?

Trying to get your life in order should be exciting and exhilarating. It's like getting a "do over" card. But when we get to the weekends, we either get the "blues," get bored or get triggered. For many in recovery the weekends can be miserable. There is nothing interesting on TV. All the old activities that led us down the wrong road are taboo or have simply lost their appeal. Besides who can afford to go to the movies all the time or go shopping in this economy? Now there is something that can help you with the weekend doldrums! It is **RECOVERY FELLOWSHIP**. It's a great night of inspiration, motivation and fellowship!

### RECOVERY FELLOWSHIP

Who says recovery has to be boring? This is a new exciting program put on by Calvary Church in Orland Park. Calvary's brand-new facilities at 16100 S. 104th Ave. make this a perfect place to meet others and have a great evening.

The evening program starts at 5 p.m. in the multi-purpose room. Our contemporary worship music is spiritually exhilarating and will invigorate your soul. A relevant spiritual message around the issues of recovery will be delivered by Recovery Coach and Pastor Ron Ovitt. From 6-8 p.m. Calvary's Agape Café will be expanded and morphed into a coffeehouse. There will be discounted lattes, cappuccinos, mochas, espressos, steamers, teas and smoothies! There will also be pizza and other food, but once a month, a full dinner will be held. For those 30 years of age and younger, join us upstairs in THE LOFT with Xboxes, music videos, pizza and fellowship! Childcare will be available for those with children.

### WITH ALL THAT SAID, HERE ARE TEN REASONS TO COME!

**1. YOU WILL FEEL WELCOME HERE!** There are no perfect people allowed! Recovery Fellowship is for everyone. Love for each other is a core value. Come as you are, you are welcome here!

**2. SPIRITUALITY IS KEY.** The first steps in the 12-Step Program say, "We admitted we were powerless over our addiction—that our lives had become unmanageable. Came to believe that a Power greater than ourselves could restore us to sanity. Made a decision to turn our will and our lives over to the care of God as we understood God." Recovery Fellowship is based on Christian spirituality and will give you a better understanding how to allow God to be a part of your everyday life.

**3. FELLOWSHIP WITH OTHERS IS CRUCIAL.** Isolation is a kiss of death! We were not made to live alone. At Recovery Fellowship there will be plenty of opportunity to make deep and lasting friendships.

**4. GREAT MUSIC.** Worship music is in a category of its own. It is not singing ABOUT God, it is singing TO God. We were made for worship and the music will bless your soul.

**5. HELP WITH LIFE ISSUES.** Finances, medical issues, finding a job, getting a place to live, renewing a driver's license—the everyday practical issues can really get us down. We will have people at Recovery Fellowship that can walk beside you through some of these daunting issues. Life is hard, let us help.

**6. GREAT COFFEE AND FOOD.** This isn't your standard potluck. As mentioned above, there are discounted coffee, teas and smoothies. Good food will be provided!

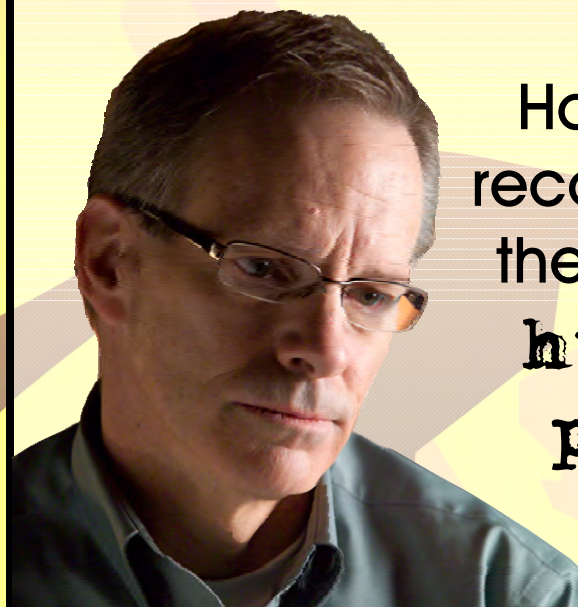
**7. RELEVANT, INSPIRING MESSAGES.** Our messages will speak right to the heart of where we live. The Bible has a lot to say about overcoming trauma, regulating our emotions and overcoming the lies that we believe. You will get "take home" material that will help you apply what you learn. Jesus promised that the truth will set you free!

**8. DID WE MENTION THAT YOU WILL HAVE A GOOD TIME?** We put *fellowship* in Recovery Fellowship. We want you to have a great time, get to know others and be upset when it is time to leave. Food, games, music, a place to sit and enjoy others—there is plenty to do all the while making friends!

**9. WE KNOW ABOUT RECOVERY.** Admitting you have a need is only the beginning. Recovery Fellowship will help you learn how recovery works. Whether it is emotional issues, addictions, suffering a loss, overcoming trauma or PTSD, you will learn how the brain works in conjunction with the Holy Spirit making change a reality. There is hope! Come and experience it.

**10. OUR EMPHASIS IS ON RELAPSE PREVENTION.** Recovery is one thing but how do you get off the merry-go-round of relapse? Our whole program is based on preventing relapse. Our SOZO program on Monday nights will teach you everything you need to know about regulating your emotions and overcoming the craving and urges of addictions. *Relapse No More* is a weekly group meeting where we teach everything you need to know how to sense relapse way before it strikes. Recovery Fellowship is that preventive measure needed on the weekends to keep us going in the right direction.

# WHERE DO YOU TURN?



How can you recover from all the **trauma, hurt and pain** in your life?



Don't lose hope! There ARE answers and solutions!

## Recovery Fellowship

*Saturdays at 5:00 p.m.*

Join us for an evening full of music, worship, fun and fellowship wrapped up with a relevant message for all of us.

No matter what you are recovering from:

*addictions, trauma, co-dependency, an accident, chronic pain, war, PTSD, divorce, victim of violence or abuse, depression, financial disaster, anxiety, guilt or shame, and whatever else*

**Recovery Fellowship can be your shelter in the storm!**

After the service, stay and hang out by our coffee shop for food and fellowship! For those 30 years of age and younger, join us upstairs in THE MEZZANINE with Xboxes, music videos, pizza and fellowship! On the third Saturday of the month, there is a dinner from 6-7 p.m.

